

Falcon's Eye View

March 8, 2019



Volume 22, Issue 13

"TOGETHER we EMPOWER our today and tomorrow."

School Website: www.fes.hcpss.org

PTA Website: www.fes.org

Highlights In This Issue...

- Family Fit Night
- Career Day
- Online Registration
- International Night



Highlights from the Media Center

We have some exciting updates from the Media Center! First, THANK YOU for your incredible support of the Fall Scholastic Book Fair. We raised enough money in the last 2 Book Fairs to purchase 24 new chromebooks that will be directly used by students. Eventually, we hope to be able to purchase six more to accommodate our largest class.

Second, we are excited to announce that our school will be hosting a local author! Ms. Hena Khan will be visiting on **Wednesday, April 3rd**, to talk about the writing process, bringing culture into one's writing, as well as how to encourage compassion and tolerance through literature. Ms. Khan is the author of several picture books and middle grade novels that incorporate her experience of growing up in Rockville as a Pakistani-American Muslim.

As part of the author visit, Ms. Khan has offered to inscribe and sign her books for our students. If you purchase a book through Barnes & Noble, Amazon or your favorite local bookstore, your student will be able to bring it in on April 1st or 2nd so that Ms. Khan can sign them when she is here. Look for information in Friday folders on March 8th.

Thanks for your continued support of the Fulton media program.

2nd Grade News

It is that time of year when we all need some gentle reminders on how to be our very best when we arrive to school. Please encourage your child to be proactive each day in order to be respectful, responsible, and ready for anything that comes their way.

#nomoresnow #needtolearn

Important Dates

March 11-15	Kindergarten & New First Grader Registration
13	Wellness Wednesday
28	PTA Meeting, 7:00 p.m., Media Center
April 1-4	4 th Gr. Biography Day Presentations, 9:30 a.m.
4	3 rd Gr. B & O Railroad Museum
	Family Fit Night, 6:00 p.m.
5	Professional Work Day
	Early Dismissal at 12:55 p.m.
	End of Marking Period
8-12	Career Week
9	Spring Picture Day1
10	Spring Chorus Concert, 6:30 p.m.
11	4 th Gr. Smithsonian Art Trip
15-22	Spring Break
23	Schools Reopen
23-26	Ecology Week
24	PTA Meeting, 7:00 p.m., Media Center
25	1 st Gr. Toby's Children Theater
29	5 th Gr. Simulated Congressional Hearing Kick Off, 2:30 p.m.

5th Grade News

The 5th grade team would love to see you at the March 28, 2019 PTA meeting. We will be sharing information about End-of-Year activities for 5th graders and the Simulated Congressional Hearings (SCH). While we especially encourage 5th grade families to attend, we invite families of all grade levels to volunteer and support our endeavors.

Please check your email regarding the RSVP for the upcoming Puberty Education Unit information night. It will be held on Tuesday, March 12, 2019 at 5:15PM in the Media Center.

Kindergarten & New Student Online registration for the 2019-2020 school year is now available. Parents may go to www.hcpss.org and click on Enroll. Follow the link for on-line registration, "Begin On-line Registration". **Parents please be sure you are registering for the 2019-2020 school year.** (Entering the wrong school year will cause your registration to be denied).

A parent who is registering a Kindergarten student can begin the process online. However, to finalize the enrollment, parents will have to come to school starting the week of March 11, 2019.



Freddie has been moving up the mountain as we celebrate our students' hard work on MAP testing! We continue to highlight and reinforce the 3Rs! Here are our March counseling lessons:

Kindergarten-We read the story *How Full is Your Bucket? For Kids*. The students learned about how everyone has an invisible bucket over their heads and how it is important to fill someone's bucket by being nice to them, helping them, and using kind words. The students talked about how they fill someone's bucket and as a class we filled a bucket with water, glitter, and food coloring. Each drop of water in the bucket represented one thing each student did to fill someone's bucket.

1st grade-Students read a story called *Teamwork Isn't My Thing and I Don't Like to Share!* Students then work cooperatively with others as a team to create a tower with cup stacking. This relates to the Career domain because in future occupations, we work with other team members.

2nd grade-Students identified eight individual multiple intelligences and how to use them in their lives.

3rd grade-Students understood the importance of showing effort in school. The EFFORT meter was introduced to these students. Each color on the effort meter corresponds to how much effort they put into their work. We are looking for all students to show exceptional effort!

4th grade-The students listened to a story called *No Excuses! How What You Say Can Get in Your Way*. The students learned about how excuses can stop them from reaching their goals. They practiced using power words and statements and they also set a goal that they would like to achieve.

5th grade-Fifth graders learned about their own personal learning style (visual, auditory, or kinesthetic).

NEWS FROM THE HEALTH ROOM

- + If your child has a **fever, actively vomiting** and **actively having diarrhea**, please keep home until fully recovered. We recommend for a fever (over 100 degrees) for your child to stay home 24 hours without fever medication. In regards to vomiting and diarrhea, keep your child home until he/she is able to eat normally again.
- + Please remember to put a change of clothes (shirt, pants, underwear, and socks) in a zip locked bag in your child's backpack. The school does not have clothes if your child's clothing becomes soiled. Nose bleeds and vomiting have been the most reasons for soiled clothing. With wet weather (rain or snow), children could fall during outdoor recess and their clothing becomes wet and/or muddy.
- + If your child was **injured**, please notify the health room staff and if your child needs an assistive device, such as crutches, please provide a note from the doctor with activity restrictions. Why, you ask? The physical education teachers need documentation for any activity restrictions and an emergency evacuation plan may need to be written. If you are not sure, please contact the health room at 410-880-5966 or email laura_ruiz@hcpss.org or kathleen_wurstner@hcpss.org.
- + If you received a **vision or hearing referral**, please do not forget to follow up with either an eye doctor or your child's pediatrician. The referral form can either be faxed by the doctor or can be placed in your child's take home folder.

Cultural Appreciation Committee

Bonjour!

That is our new greeting for the month of March. It means "hello" in French. If you have not checked out the wonderful African American History Month posters hanging in our hallways yet, do so soon before they are taken down. The kiddos did a great job creating the posters and completing the scavenger hunt! Each grade will be earning a special reward for their hard work. Ask your student what their reward is! Hope to see everyone at International Night on Friday the 8th!



The Kinder Scoop

The Kindergarteners loved doing their African American History Month scavenger hunt. They have earned extra recess as a reward, yay! We are looking forward to beginning our next Science unit: Pushes and Pulls. At the end of the unit, students will be creating a marble run to demonstrate their learning. If you are able, please start collecting empty toilet paper and paper towel rolls to help us with this fun project. Thank you in advance!

A Special Wellness Wednesday is coming!

Our next *Special Wellness Wednesday* is **March 13, 2019**

The theme is “**Try a New Green**”

Eat a **GREEN vegetable or fruit** for lunch and earn a **ticket**

Try a **NEW GREEN vegetable or fruit** and earn **2 tickets!**

Winners from each grade will be announced!

Volunteers needed:

Volunteer to help pass out tickets on Wednesday, March 13: <https://www.signupgenius.com/go/10c0e4aa9ab2ba6fdo-wellness>

Reminders:

*Wellness Wednesdays are EVERY Wednesday this year! Students and staff are encouraged to **wear fitness clothes, eat a healthy lunch and snack** and to find ways to **move throughout the day!***

SPECIAL Wellness Wednesdays happen once a month and have a special theme or focus to help put an emphasis on being active and eating healthy!

Upcoming Special Wellness Wednesdays:

***April 10** = Healthy Snack Day*

***May 8** = Spring Walk to School Day*

Thanks for making Fulton a healthy and active school!

~Fulton's Wellness Team

Fulton's Family Fit Night

Join the Fun – IT'S FREE!!!

Thursday, April 4th 6:00-8:00pm

SAVE THE DATE

Fulton Elementary School's *Wellness Team* and *Fit2Order* is hosting a Fitness Night for families! We will have interactive stations to participate in, which include **Zumba, Karate, Yoga and Kid-Friendly Boot Camp** as well as a **Dance Party Finale** for kids and a **Nutritional Workshop for adults**. Local health and wellness business will be sharing information, coupons, samples, and even prizes throughout the night! Several **wellness tables** will be set-up for our students and families to learn about the importance of eating healthy and being active! We will also **raffle** off prizes from local businesses at the end of the night!!

Sign-up to Volunteer

For our night to be a success, **we need of volunteers!** Volunteers will help with the wellness tables, check-in/registration table, and we need group leaders to rotate our families from one fitness station to the next.

Please support Fulton by signing up to volunteer!!

<https://www.signupgenius.com/go/10c0e4aa9ab2ba6fd0-fultons7>

Celebrating Young Artists

Congratulations to our 0000Fulton Elementary young artists whose work is on display at the Howard County Arts Council in Ellicott City.

The exhibit runs March 8 through April 19, 2019.

The students representing Fulton are participating in a special exhibit, "Defining Ourselves: I am More Than What You See".

Congratulations to Elizabeth Diamond, Ashley Nguyen, Jianna Yoon, Ishi Duvedi, Amaya Ta and Grayden Columbia.

PTA News

Check out the latest PTA newsletter at:

<http://www.fespta.org/>

Community News and Programs

Please follow this link to see what's going on in your neighborhood. Visit the HCPSS website for announcements of upcoming events and programs sponsored by non-profit organizations or follow this link <http://www.hcpss.org/community-news-and-programs/>

Art Camp with Mrs. Wasilewski

Come out and enjoy a week of painting. This camp is designed to enhance the skill levels of each individual. Explore and learn about different painting mediums, techniques and color theory.

Campers should bring an art smock each day.

Register at: River Hill Boosters Camps

Where: **River Hill High School**

12101 Clarksville Pike, Clarksville, MD 21029

This camp runs the week of **July 8-12** and is open for anyone ages 8 -13.

Register at: Reservoir Boosters Camps

Where: **Reservoir High School**

11550 Scaggsville Rd, Fulton, MD 20759

The camp runs the week of **July 15-19** and is open for anyone ages 8 -13.



Are You Interested in Being a Career Day Presenter?

Date: Friday, April 12th, 2019

Would you like to.....

Inform elementary students about interesting and different careers?

Inspire kids to be on a career track?

Provide kids with the knowledge of the skills needed to prepare for a certain career?

If so, then download the form,

fill out the information below, and return it to Beth Shields or Jessica Wilson

by Friday, March 8th.

Questions? Send to Elizabeth_Shields@hopss.org and Jessica_Wilson@hopss.org

Career Day Speaker Information

Name of Presenter: _____

Child(ren)'s Name(s): _____

Occupation: _____

E-mail: _____ Telephone #: _____

Check all that apply:

Grade level and time of your interest*:

Kindergarten (11:35-12:35): _____

1st Grade (9:45-11:15): _____

2nd Grade (11:00-12:30): _____

3rd Grade (2:15-3:40): _____

4th Grade (2:15-3:40): _____

5th Grade: (2:05-3:35): _____



*Each Presenter will present multiple times. Returning presenters will be placed with different students.

Type of Presentation:

Please bring hand-outs or items to share with students.

Hands-On Activity: _____

Technology Presentation: _____ Technology Needed: _____

