

Falcon's Eye View

October 19, 2018

Volume 22, Issue 4

"TOGETHER we EMPOWER our today and tomorrow."

October 25

School Website: www.fes.hcpss.org PTA Website: www.fes.org

Highlights In This Issue...

- Halloween & Non-Halloween Activities
- **Enchanted Forest Book Fair**
- 2nd Grade News
- 3rd Grade News
- The Kinder Scoop
- National Bully Prevention Month

From The School Counselors

At Fulton, we teach ALL students to have a GROWTH mindset. A Growth Mindset is the idea that people believe that their most basic abilities can be developed through dedication and hard work—brains and talent are just the starting point. This view creates a love of learning and a resilience that is essential for great accomplishment. Together, we can teach our children to love challenges, be intrigued by mistakes, enjoy effort, and persist through learning.

From the Technology and Media – We have provided every student with information to help them access online resources at home. Kindergarten, first and second grade students have a label with the URL address to hcpss.me and a label with their username and password in their agenda book / home folder. Third, fourth and fifth graders have a label with the URL address to hcpss.me in their agenda book. If you find your intermediate student needs their username and password have them see their technology teacher. This information can help students access databases purchased by Fulton, Fulton PTA and HCPSS. These include databases such as Canvas, G Suite, Wixie, Typing Agent (2nd-5th grade), Howard County Public Library, Media Center PAC catalog and MackinVIA. When students access MackinVIA they can click on databases or links on the left navigation bar to access BrainPop, PebbleGo, PebbleGoNext, CultureGrams, WorldBook, and more. These databases can be used to help with homework or used for student exploration.

Important Dates

PTA Meeting, 7:00 p.m., Media Ctr.

October 26	2 nd Gr. Pumpkin Day
	3 rd Gr. Maryland Science Center
October 29	Book Fair Opens
October 31	Halloween Activities
November 1	Book Fair Night, 5:30-8:30 p.m.
November 2	Book Fair Last Day
November 5	End of Marking Period
November 6	General Election Day – Schools Closed
November 7	Professional Work Day
	Schools Closed for Students
November 12-16	American Education Week
	Kindness Week
November 13	PTA Meeting, 7:00 p.m., Media Ctr.

November 19-20 Turkey Trot

Early Dismissal at 12:55 p.m. **Parent Teacher Conferences**

November 21-25 Thanksgiving Holiday

Schools Open November 25

From the Cultural Appreciation Committee

October is Learning Disabilities Awareness Month. The Cultural Appreciation Committee will be focusing on the ABILITIES of all of our students. We have been enjoying watching the Pledge of Allegiance in Sign Language on the morning announcements and are looking forward to seeing how the News Team will be using Communication Devices during Joke of the Day!

We would like to remind you that October's greeting is "Hola". That's "Hello" in Spanish. Ask your child to greet you in Spanish to see what they say!

NEWS FROM THE HEALTH ROOM

The flu clinic was last Thursday and we were able to vaccinate 242 students! Some students did not receive it due to being too afraid or refusing to get vaccinated. I checked with the Howard County Health Department and there is another flu clinic available at the yearly 50+ Senior Health Fair being held at Wilde Lake High School this Friday, tomorrow from 9-4.

Reminder that season is changing to make sure your child has seasonal appropriate clothing to change into and if your child does not, please provide a change to stay in your child's backpack for those unexpected things to soil clothing, such as mud, milk, and bathroom issues.

We are in the season of when lice is found in the heads of children. Some facts about lice: they do not fly or jump, but only crawl, they only attach the eggs (nits) to the hair shaft of clean hair, it spreads by head-to-head contact and sharing of combs, brushes, hair ornaments, hats, etc.

What can you do to either prevent or catch it before there is infestation? Regularly check the heads of your children at least on a monthly basis. The first Friday of the month might be a good time and after any sleepovers. If you want more information about the school's policy, contact the Health Room at 410-880-5966 or laura_ruiz@hcpss.org or kathleen_wurstner@hcpss.org.



Halloween and Non-Halloween Activities

This year we will be holding our Halloween and Non-Halloween Activities in a different way due to our large student body. We welcome parents to join us on October 31, 2018 for the Primary Parade at 10:00am and our Intermediate Parade at 2:15pm. Please sign in, grab a badge at the tables that will be set up outside and gather along the identified parade route for the parade.

If there is rain on this day or if the school grounds are too wet and muddy the parade will be canceled and will not be rescheduled.

Currently, we have 925 students enrolled at Fulton Elementary. In order to maintain a safe environment during the activities, and due to the fire code and building capacity, we will be unable to accommodate visitors with in the classrooms before or after the parade. Each team will have a snack after lunch sometime in the afternoon.

Students should be able to slip their costumes over clothing. Students will not be able to change clothes for the parade. All costumes must follow the dress code of HCPSS. When selecting a costume for your child, please be reminded that the systemic policy does not permit violent or gory outfits or masks. Students may NOT bring toys that resemble weapons such as guns, knives, or swords. Make-up and hair dye cannot be applied at school. Please be sure that your child can see clearly if wearing a mask as part of a costume. Additionally, if you join us for the parade and decide to wear a costume, please follow the same guidelines provided for students. Dogs may not be on school property during the school day.

Due to cultural, religious or personal beliefs, not all students participate in Halloween activities. As a result, we will offer an alternate non-Halloween activity.

We will send more information regarding Halloween and the Non-Halloween Activity soon.

Thank you for your cooperation, understanding and support. We are looking forward to a fun day.

3rd Grade "Socktober"

Did you know socks are one of the most needed and least donated items to homeless shelters? Winter is coming! Everyone needs warm socks!

Mrs. O'Brien's class is collecting socks for the homeless! It is 'Socktober'!

Donations of new socks of all sizes are greatly appreciated! Socks will be collected until October 31, in a box outside of Mrs. O'Brien's 3rd grade classroom.

Donations will be given to the Eastside Family Emergency Shelter in Baltimore, MD.



An Enchanted Forest is coming to Fulton!! Our annual BOOK FAIR is scheduled to begin on October 26th and run through Nov. 2nd. We will be open from 10:00 to 4:00 every day but Wednesday when we close at 2:00. We will have extended hours on Thursday, November 1st from 5:30-8:30 p.m. We are in need of volunteers to help make this a successful event. Please visit

http://www.signupgenius.com/go/10c0d4daeab2da1f85-book to sign up to volunteer. For more information about the Book Fair and online shopping visit http://bookfairs.scholastic.com/homepage/fulton

Thanks for your support!! The Media Staff Book Fair is Coming!

Other News from the Media Center!

All 5th grade classes have learned about the Battle of the Books!

This exciting partnership with the Howard County Public Library and Howard County Public Schools promotes reading, teamwork, vocabulary and good sportsmanship.

Teams of five students and one adult coach each read the same 13 pre-determined books. Selected by HCLS instructors and HCPSS media specialists, titles include a wide range of reading levels and subjects. Thanks to generous sponsors, all teams receive a set of books. In addition, copies of each year's titles are available for borrowing at Howard County Library System.

There is an informational meeting on October 22 at 7pm at HCLS Miller Branch. The Media staff can also answer any questions you might have. If you are interested in coaching a team please contact Mrs. Cerand (lecrend@hcpss.org) or Mrs. Fischer (margaret_fischer@hcpss.org) so they can support your enrollment in this great program.

More information can be found by visiting. http://hclibrary.org/a-students-teachers/battle-of-the-books/

2nd Grade News

Great things are happening on Team Two! We are experts at identifying nonfiction informational text. Just ask your child! Whew! We also made it through the writing process from brainstorming ideas all the way to working on a published copy. All of our awesome kiddos know about bold beginnings, well-constructed supporting details, and exciting endings! Stay tuned for more 2nd grade news!

The Kinder Scoop

Kindergarten students have been enjoying learning about Fire Safety. Last week we had firefighters come talk to us at the school. We loved being able to walk through the firetruck and ambulance. We also learned what to do in case of an emergency. If your family has not done so already, have a conversation about how to get out of your house in case of a fire. Does your family have a meeting place outside? If not, come up with one together!

From the **BULLY BUSTERS**!

October is National Bullying Prevention Month! In order to prepare, our first counseling lessons revolved around bullying.

Kindergarten students discussed feelings and how it is important to share our feelings. We feel better when we share our feelings and people understand us better. We identified different feelings and times we feel that way. In 1st grade, we discussed the difference between tattling vs. telling with a story called A Bad Case of the Tattle Tongue or Don't Squeal Unless It's a Big Deal. The tattle rules are:

#1 Be a Danger Ranger #2 Be A Problem Solver

#3 Now or Later?

#4 MYOB Mind your Own Beeswax

Second grade students learned the DEBUG steps when someone is bothering, bugging, or bullying them. They listened to the story *Becky's Buggy Day*. Afterwards, the students practiced which strategy they would use in a given situation.

D-decide to ignore E-exit and walk away B-be friendly U-use firm words G-get adult help

Third graders reviewed the 3 key players in a bullying situation (Target, Bully, Bystander) and what bullying really entails vs. a

typical conflict.

P-purposeful

I-imbalance of power

C-continual

Students then listened to a book, *Nobody Knew What to Do*, and received ways to stay bully free. Students promised to be active bystanders and stand up to bullies!

Fourth graders discussed their strengths and how they use their strengths when working with others. The students made paper chains to identify their strengths. They learned about what their top strengths are. We also discussed the importance of working in a group.

Fifth graders learned about indirect bullying and were able to share when they have heard indirect bullying in the school or out in the community. Students listened to a story, *Just Kidding*, and learned about ways students can be affected by indirect bullying.

Breakfast Is Available

The HCPSS Food and Nutrition Office supplies breakfast to any student who wishes to purchase breakfast. The cost is \$2.00. Breakfast is available in the cafeteria from 9:15 to 9:30 a.m. Students eat the breakfast in their classrooms. You can view the menu at www.hcpss.org

Wellness Wednesdays are back - with a twist!

This year EVERY Wednesday is a "Wellness Wednesday" in which we encourage students and staff to wear fitness clothes to school, eat healthy foods and move more throughout the day! In addition to our weekly Wellness Wednesdays, we will also have a special Wellness Wednesday once a month, where we will have a Wellness focus!!

Wellness Wednesday ResourcesSuggested Fitness Clothes:

Sneakers or tennis shoes

Running or exercise outfits

Athletic clothing

Sports jerseys or t-shirts!

Teachers here are some resources to add movement in your classrooms on Wellness Wednesdays:

- 1. **GoNoodle** = https://www.gonoodle.com/
- 2. **Stories in Motion** = https://www.educateiowa.gov/pk-12/nutrition-programs/quick-links-nutrition/learning-tools-nutrition/stories-motion-physical
- 3. Task Cards
 - = <u>https://www.healthiergeneration.org/_asset/336fvp/14-6346_PATaskCards.pdf</u>
- 4. Increase Physical Activity = https://www.healthiergeneration.org/live_healthier/get_m
 oving/increase physical activity/
- 5. **Zumba Fitness Videos** = https://www.healthiergeneration.org/take_action/schools/
 physical-activity/classroom-physical-activity/fitness-par
- ty_with_zumba/
 Fitness Videos for Movement Breaks (Fitness, Zumba, Yoga, Tae Bo)=

https://www.healthiergeneration.org/take_action/schools/physical_activity/classroom_physical_activity/fit_for_a_h_ealthier_generation/

- 7. **Darebee Fitness Drills** = https://darebee.com/fitness/fitness-drills.html
- 8. **Darebee No Equipment Workouts** = https://darebee.com/100-no-equipment-workouts
- 9. Thanks for making Fulton a healthy and active school!

~Fulton's Wellness Team

Phone and E-mail Contact - if you have a question that does not require an urgent response, you may call the school to leave a message for your child's teacher, send a note to the teacher, or e-mail the teacher (all e-mail addresses are posted on our school website) - staff will respond within 48 hours of receipt of your message. If you have an urgent matter, such as change in dismissal procedure or a family crisis situation, please call the school directly rather than sending an e-mail as this will assure that the information is passed to appropriate staff in a timely manner.

Fulton will be participating in a Kindness Week during the week of November 12th. This event is dedicated to creating a culture of kindness and we are asking students to wear the following for a spirit week:



Monday 11/12 – Kicking off Kindness (mismatch socks and/or shoes)
What might it feel like to walk a mile in someone's shoes?

Think before you act! How might someone else feel about what you are saying and doing!

Tuesday 11/13 – Make Kindness a Pattern (polka dots, stripes, etc.)
*World Kindness Day





Wednesday 11/14 - Dreaming of Kindness (pajamas or comfy clothes)

Thursday 11/15 - Kindness | Ssendnik (wear everything backwards)
Remember you can't go backwards in time! Be careful about what you say! You can't take it back!





Friday 11/16 - Kindness Counts! (team sports jerseys, number graphics)

Please visit the

Community News and Programs page at

https://www.hcpss.org/community-news-and-programs/ for announcements of upcoming events and programs sponsored by non-profit organizations.