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**News from the Wellness Committee**

This year EVERY Wednesday is a “Wellness Wednesday” in which we encourage students and staff to wear fitness clothes to school, eat healthy foods and move more throughout the day!

Our first school-wide wellness Wednesday will be October 16th! To kick it off, we are doing WALK/BIKE TO SCHOOL DAY open to ALL!!

**Walk to School Day Details**

Fulton’s Wellness Team is organizing a group walk! Students are encouraged to walk to school on this special day! We hope you and your student(s) can participate!

**Where:** Meet in Harris Teeter Parking Lot (see map for details)
**Date:** Wednesday, October 10th
**When:** 9:00am
**What:** We will walk to school using the path that leads from Harris Teeter to Reservoir High School and then across the street to Fulton!
**Who:** Fulton students with an adult*
**Why:** To start our day in an active and healthy way!

*If you would like your child to partake in our group walk, to ensure the safety of all our students, please have an adult accompany them.

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**Hispanic Heritage Month**

Hispanic Heritage Month, which runs from September 15th – October 15th, is the perfect chance to celebrate the contributions of Hispanic Americans and celebrate Hispanic culture. Fulton celebrated by hearing from Disney Channel stars about their Hispanic Heritage and practicing our dance skills! We had so much fun making connections and learning about Hispanic Heritage these past few weeks.

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**Important Dates**

**October**
- 16 Walk/Bike to School Day.
- 17 Flu Clinic
- 18 Professional Work Day
- 23 PTA Spirit Night at Chick Fil A
- 24 Hearing & Vision Screening
- 23rd Gr. Pumpkin Day
- 23rd Gr. Spirit Night at Chick Fil A
- 24th PTA Meeting, 7:00 p.m., Media Center
- 27-11/1 Book Fair
- 29 3rd Gr. Md. Science Center
- 30 Late Night Book Fair, 5:30-8:00 p.m.

**November**
- 1 Professional Work Day
- 1 End of Marking Period
- 8 Vision & Hearing Re-Screening
- 11 Report Cards Issued
- 18-22 American Education Week
- 19 PTA Meeting, 7:00 p.m.
- 20 PTA Spirit Night at Chick Fil A
- 21 Yearbook Picture Retakes
- 25 Parent Teacher Conferences
- 26 Parent Teacher Conferences
- 27-29 Thanksgiving Break

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**The Scholastic Arctic Adventure**

The Scholastic Arctic Adventure is coming to Fulton!! Our annual BOOK FAIR is scheduled to begin on Oct. 23rd and run through Nov. 1st. We will be open from 10:00 to 4:00 every day with extended hours on Wednesday, Oct.30th from 5-8 pm. We are in need of volunteers to help make this a successful event. Please visit [http://www.signupgenius.com/go/10c0d4daab2da1f85-book](http://www.signupgenius.com/go/10c0d4daab2da1f85-book) to sign up to volunteer. For more information about the Book Fair and **online shopping**, visit [http://bookfairs.scholastic.com/homepage/fulton](http://bookfairs.scholastic.com/homepage/fulton)

Thanks for your support!!
The Media Staff
Socktober!
Did you know socks are one of the most needed and least donated items to homeless shelters? Winter is coming! Everyone needs warm socks!

Fulton Elementary is collecting socks for the homeless in 'Socktober'!

Donations of new socks of all sizes are greatly appreciated! Socks will be collected from October 1st until October 31st, in a box in each grade level's pod area.

Most needed kinds of socks are adult sizes, and the thicker the better.

Donations will be given to St. Vincent de Paul of Baltimore on November 1st. Thank you for helping others!

Flu Clinic Volunteers Needed
The Health Room is in need of assistance and support staff during the flu clinic on October 17, 2019. Volunteers will escort students to and from their classrooms and provide additional support to the health team.

If you can volunteer please sign up at this link: https://www.signupgenius.com/go/10CoE45ACAD2FA5FF2-fluclinic

News from the Media Center
All 5th grade classes have learned about the Battle of the Books! This exciting partnership with the Howard County Public Library and Howard County Public Schools promotes reading, teamwork, vocabulary and good sportsmanship.

Teams of five students and one adult coach each read the same 12 pre-determined books. Selected by HCLS instructors and HCPSS media specialists, titles include a wide range of reading levels and subjects. Thanks to generous sponsors, all teams receive a set of books. In addition, copies of each year's titles are available for borrowing at the Howard County Library System.

There are informational meetings offered on October 14, 2019 and October 19, 2019 at 7pm at HCLS Miller Branch. Additional dates and information have been sent home in Thursday folders. The Media staff can also answer any questions you might have. If you are interested in coaching a team please contact Mrs. Cerand (licerand@hcpss.org) or Mrs. Fischer (margaret_fischer@hcpss.org) so they can support your enrollment in this great program.

More information can be found by visiting. http://hclibrary.org/a-students-teachers/battle-of-the-books/

FROM the BULLY BUSTERS:
Elizabeth Shields, School Counselor, Jessica Wilson, School Counselor, Tequila Harrell, School Counselor Intern, Maria Brickley, School Psychologist, Dorothy Hearn, School Psychology Intern

We are excited to celebrate all of our Fulton Falcons who are doing an amazing job climbing their mountain by following the 3 R’s, by being Respectful, Responsible and Ready!

We are excited to continue to focus on building a collaborative community with a positive environment for all of our students and staff and parents!

PTA News
Check out the latest PTA newsletter at: http://www.fespta.org/

2nd Grade News
Our students continue to build their stamina across the Daily 5 block each day. Ask your child what they enjoy most about Daily 5. Being a writer is so fun! We have been writing silly animal sentences and using them as inspiration for story ideas. Lions, tigers and bears...Oh my! We just kicked off our first Science unit called Properties of Matter. We are aspiring writers and scientists! Enjoy the weekend!

#scienecerocks #sillystories #staminagrows

If you have captured any candid photos from various FES activities, please share them by emailing them to photos@fespta.org
NEWS FROM THE HEALTH ROOM
WELCOME BACK FULTON FAMILIES

FLU CLINIC
This year our FLU CLINIC WILL BE ON THURSDAY, OCTOBER 17.

If you have not turned in a consent form and would like your child to receive, you can still complete the form and turn it in to the health room. You can only fill out the paper version of the consent. If you would like a form to complete or have any questions, please either call the health room at 410-880-5966 or email laura_ruiz@hcpss.org.

Don’t Skip Breakfast!
A take and go breakfast is available for all students every morning!
Cereal, cereal bars, hot items, fruit, milk & juice are available!
Cost: $2.00

Strike Up the Band!
Now is the time for orchestra and band sign-ups! 3rd, 4th and 5th grade parents wishing to enroll their children in orchestra or band may do so here:
www.mrtwiggmusic.weebly.com
Click the link for your child’s grade and ensemble.
Contact Mr. Twigg with questions
richard_twigg@hcps.org

How To Volunteer at Fulton Elementary
Thank you for your interest in being a volunteer this year at Fulton Elementary School. Your involvement helps nurture our school community, and the help you provide will be an essential support to the success of our students and staff. Please do not hesitate to ask the staff or administration if there is something we can help you with.

In order to volunteer at Fulton, please complete the following trainings:
Maryland Child Abuse State Law and HCPSS Policy 1030
Child Abuse Awareness Training Certificate
Confidentiality Training
http://www.hcps.org/parents/volunteer-information/
Confidentiality Training Certificate

Child Abuse Awareness and Confidentiality certificates must be on file in the school office before you may chaperone for field trips or volunteer in the school. Once you have completed all both trainings, please print out the certificates, bring them to the office, and we will register you to volunteer.

Community News and Programs
Please follow this link to see what’s going on in your neighborhood. Visit the HCPSS website for announcements of upcoming events and programs sponsored by non-profit organizations or follow this link http://www.hcps.org/community-news-and-programs/